

Incorporation -- Not-for-profit -- February 10, 2003 Charitable Status -- June 10, 2005 -- 835591744RR0001

PREPARED BY CAROL KAJORINNE & STACEY HARE HODGINS

#### A NOTE FROM OUR EXECUTIVE DIRECTOR

It's been another incredible year of exciting transformation for Community Arts & Heritage Education Project!

We launched the Speak Up Arts Program at the Churchill Hub, produced a small full-colour book and short animated video to complete our Resilient Hearts Project, and we engaged in a multitude of special projects.

In January, we said a heartfelt goodbye to our former Executive & Artistic Director, Alana Forslund, whose leadership and dedication will have a lasting impact on CAHEP and continue to inspire those of us who are part of it. In March, however, we welcomed an Artistic Director for the first time. It's been an honour and a joy to collaborate and dream all things CAHEP with Carol Kajorinne. Our Board of Directors and volunteers are dedicated, our staff is multiskilled and visionary, and our artists are imaginative and highly adaptable. Our funders remain supportive and engaged and our cherished community partnerships continue to strengthen. Most importantly, our relationships with art makers of all ages and abilities in our community keep us focused on why we make art in the first place.

CAHEP continues to grow and thrive. On behalf of our Board of Directors and staff, thank you to everyone who has helped make it possible.

With gratitude and excitement,

Sitterefordgives

Stacey Hare Hodgins Executive Director



#### WHAT IS CAHEP?

Community Arts & Heritage Education Project (CAHEP) is an award-winning non-profit arts organization based in Thunder Bay. Working together with local artists, and in partnership with schools, community groups and organizations, we bring inclusive, free-of-cost arts programming to children, youth, families, and seniors within schools and community settings.

Each year, we create art with thousands of participants and dozens of paid local artists in Thunder Bay. CAHEP artists represent a diverse range of disciplines and practices, including dance, drama, cultural programming, literary arts, music, new media, visual arts.



Art has the power to incite positive change in the lives of individuals and communities

Our programs are designed to empower participants. We take time to get to know them, so that we can together create an arts program that truly reflects their needs and interests.

CAHEP ensures that individuals have access to programs that are driven by their ideas, celebrate their stories, and honour their creativity. We are grateful to the many professional artists who work with us to make this possible.



#### OUR STORY

CAHEP began as a small seed in the Thunder Bay community in 2003, as a pilot project funded through the Ontario Trillium Foundation. The project was created to in response to recommendations by a network group of 18 stakeholders involved in a Best Practices in Arts Education study conducted by the City of Thunder Bay's Arts & Heritage committee. These recommendations included: More financial support for artists; More community-based arts education programming; Partnerships with private sector and individual artists: Artist in Residency programs; More venues for young artists to perform and display their talents.

Since then, CAHEP has transformed into a dynamic arts education organization that brings free-of-cost, collaborative, and inclusive short and long-term programming to children, youth, families, and seniors throughout Thunder Bay's schools and communities.

# MISSION

Enhancing the community through inclusive arts & heritage education for children, youth and their families

# VISION

Enriching lives through community experiences in arts and heritage education in Thunder Bay.

# VALUES

- Promoting arts & heritage in the community of Thunder Bay
- Valuing the work of artists
- Participant-centered programming facilitated by artists
- Accessible and low or no-cost programming
- Community outreach and partnership building
- Working collaboratively with partners and participants
- Opportunities for artist development
- Believing in the transformative possibilities of arts and heritage education
- Providing a showcase for the work of participants
- Creating positive connections with arts & heritage disciplines

MEET OUR 2016-2017 TEAM!

# STAFF

Stacey Hare Hodgins Interim Executive Director Speak Up Arts Program Coordinator

Carol Kajorinne Artistic Director Re-imagining Arts Education Project Coordinator

Eleanor Albanese Resilient Hearts Project Coordinator Re-imagining Arts Education Project Coordinator (March - June)

Alana Forslund Executive / Artistic Director (until January)

Pam Cain Organizational Developer (until October)

# BOARD OF DIRECTORS

Chair: Rob Magnusson Secondary School Art Teacher, Superior CVI

> Secretary: Heather Uchman HBA, Political Science and English

Treasurer: Danielle Williams Educator, Lakehead Public Schools

> Director: Rebecka Angell (beginning January 2017) Lawyer, Cheadles LLP

Director: Louisa Costanzo (beginning April 2017) Freelance Events/Fundraiser, We Events

Director: Maureen Mills (2012 - 2017) Special Events Manager, Thunder Bay Regional Health Sciences Foundation

#### 2016-2017 Artists

**Eleanor Albanese** Shannon Bateman Selena Baxter-Cheesequay Barbara Benwell Victoria Bolduc Pam Cain **Betty Carpick** Ma-Nee Chacaby Christian Chapman Shanelle Charlie Jayal Chung Elliott Doxtater-Wynn Shayne Ehman Alana Forslund Angela Gollat Zoe Gordon Jessica Grav Marnie Greenwald Sébastien Hardy Shawn Hedican Stacey Hare Hodgins B Haywood \_\_\_ Natalie Hotson Carol Kajorinne Lisa Macchione Leanna Marshall Judy Mayor Céline Mundinger Sierra Nowegejick Joanne Otte Claudia Otto Jordan Quequish **Michelle Richmond Saravia** Janelle Wawia Laura Wilson

## 34 Artists! 20+ Volunteers!

THANK YOU to all of the volunteers who share their time, energy and creative hearts to help make our programs and events the best they can be!

#### VOLUNTEERS

Rob Magnusson, Heather Uchman, Danielle Williams, Rebecka Angell, Louisa Costanzo, Maureen Mills, Rebecca Scott, Judy Forslund, Victoria Bolduc, Kristian Hodgins, Kristen Krievin, Selena Baxter-Cheesequay, Lorie Walker, Brian, Carolyn Baxter, Samaria, Brandon, Yvonne Murray, Cecelia King, Mykola Cuthbertson & the numerous Oliver-Paipoonge Public Library Volunteers



Each year, we work with dozens of partners who provide time, supervision, workshop space, promotion, participants, and knowledge to help make our programs possible. Our partners include a broad range of community groups, social service agencies, health organizations, neighbourhood collectives, and schools. We extend the most heartfelt THANK YOU to all of the groups and organizations who supported our programs!

#### COLLABORATIVE

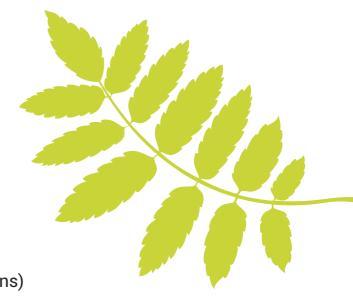
PARTNERS



**Baggage Building Arts Centre** Children's Centre Thunder Bay **Churchill Hub** City of Thunder Bay **Community Action Group Community Clothing Assistance** Children's Centre Thunder Bay Dennis Franklin Cromarty High School Downtown Fort William District Business Association **Evergreen a United Neighbourhood Faye Peterson Transition House** Healthy Kids Community Challenge **Jumblies** Theatre Lakehead Public Schools Lakehead University School of Social Work Nishnawbe Aski Nation Northwestern Ontario Women's Centre **Oliver-Paipoonge Public Library** Shelter House Thunder Bay Tangled Art and Disability

Association Thunder Bay Art Gallery Thunder Bay Boys & Girls Club Thunder Bay Catholic District School Board Thunder Bay Crime Prevention Council Thunder Bay District Health Unit k Thunder Bay District Health Unit thunder Bay Public Library Thunder Bay & Area Victim Services Thunder Bay Youth Suicide Prevention Taskforce VIBE Arts YSI Collaborative





#### FUNDERS & SUPPORTERS

**Operating Funding** Ontario Arts Council (Arts Education Organizations) City of Thunder Bay

#### Program | Project Funding

Ontario Arts Council: Community Engagement Fund United Way of Thunder Bay District of Thunder Bay Social Services Administration Board Canadian Women's Foundation Ontario Trillium Foundation Johansen Larsen Foundation Inspirit Foundation John Andrews Foundation

#### **In-Kind Support**

Dufresne Furniture Lakehead Printing Leon's Furniture Marcia Arpin/All the Daze Moss Cottage/The Urban Farmchick Rock 94 The Sovereign Room Victoriaville Centre





## DONORS & SUPPORTERS

Artisans Northwest, Rob Magnusson, Alana Forslund, Judy Forslund, Brian Holden, Kathleen Baleja, Keith Ailey, Lori Gilbert, Charlene Snow, Shannon Bateman, Kiri Butter, Joanne Otte, Maureen Mills, B Haywood, Victoria Bolduc, Fay Beery, Cat Free, Jean Marshall, Leanna Marshall, Callen Banning, Carol Kajorinne, Heather Uchman, Danielle Williams, Victoria Bolduc, B Haywood, Angie Jensen, Barbara Benwell, Amanda Soderholm

# OUR PROGRAMMING

OUR PROGRAMS ARE RESPONSIVE AND ROOTED IN THE STRENGTHS, STORIES AND IDEAS OF COMMUNITY MEMBERS, WHO ACTIVELY SHAPE THE ART PROJECTS THEY ENGAGE IN. FROM CREATING GIANT MASKS, TO FACILITATING NEIGHBOURHOOD ART PARADES, TO RUNNING YOUTH-LED HIP HOP PROJECTS, WE ARE PASSIONATE ABOUT FOSTERING OPPORTUNITIES THAT EMPOWER, ENGAGE, AND INSPIRE OUR COMMUNITY THROUGH THE ARTS.

**Art to the Streets:** A traveling, in-depth arts program with underrepresented communities in Thunder Bay.

**Inside Out Community Art Studio:** Located in Victoriaville Centre, Inside Out offers free, weekly arts programming and open studio time for neighbourhood children, youth and their families.

**Artists in the 5th:** In-school arts education programming for grades 4-6 in three local school boards, as well as homeschool groups.

**Reimagining Arts Education:** In 2017, CAHEP embarked on the first phase of a vital re-imagination of our in-school programming.

**Rural Arts:** Engages under-served areas surrounding Thunder Bay in arts education opportunities.

**Speak Up Arts Program:** A weekly program that brings empowering, leadership-focused art projects to a group of under-represented\* grade 7/8 girls\*\*.

**Professional Development for Artists:** Nurturing a healthier creative community by providing collaborative opportunities for artists to get together, learn, create, get inspired and grow.

**General Arts Programming/Special Projects**: Short-term programming with local non-arts organizations, neighbourhood groups, and social service agencies to ensure that arts reach more people in our community.

**Resilient Hearts Project:** A community-driven, inclusive arts project fueled by the strengths and stories of people in Thunder Bay.

### PROGRAM DETAILS & HIGHLIGHTS





Launched in 2013, Art to the Streets brings professional artists to under-resourced neighbourhoods in Thunder Bay. This mobile program provides free, multidisciplinary arts programming in partnership with neighbourhood organizations, and community groups. Rooted in community arts, projects are inspired by and respond to the stories, needs and interests of participants, and delivered where participants live and play. We work with participants to decide on the projects they want to explore. This collaboration supports the interests of participants and encourages a greater sense of connectedness to one another and to their community.





#### 2016-17 Neighbourhood Community Partners:

**Simpson Ogden** at Evergreen a United Neighbourhood House and Minnesota Park. Participants include children, youth, families, and seniors.

Blucher/Picton/Windsor at Community Action Group and parks in the area.

Participants are children ages 4-12 and youth 12+.

**Downtown Fort William** at Inside Out Community Art Studio in Victoriaville Centre. Participants include neighbourhood children, youth and their families.

#### 22 ARTISTS 96 PROJECTS 1508 PARTICIPANTS





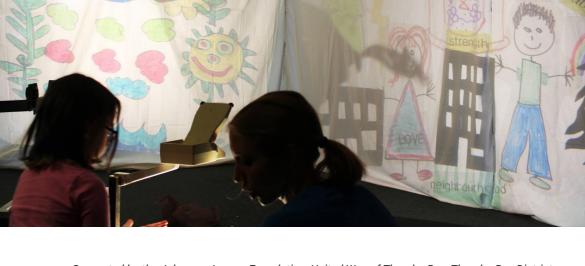
Over the past two years, we have been developing a community-driven art space in the downtown south core. Located in Victoriaville Centre, Inside Out Community Art Studio utilizes the arts to engage between 20 and 45 community members each week. A wide range of participants join us, the majority of whom are parents/caregivers and their children and other relatives.

We take time to learn about our participants, listen to their ideas, and develop programs that reflect them. When they know their ideas are valued, participants are more likely to explore their own leadership potential and experience a sense of belonging. This studio has become a buzzing hub for community members to support each other, create art, share stories, and find common ground.

DROP-IN PROGRAMMING Thursdays 3:30 - 5:30pm

the curve of the rainbow

GRANDMOTHER



Supported by the Johansen Larsen Foundation, United Way of Thunder Bay, Thunder Bay District Social Services Administration Board, John Andrews Foundation, and Victoriaville Centre.

In-School Arts Programming



Our longest running program, Artists in the 5th, has brought professional artists and cultural programmers into grades 4-6 classrooms in Thunder Bay for the past 13 years. This year, six artists, including two Francophone artists new to CAHEP, worked with 8 classes on creative movement, printmaking, painting, and sculpture projects exploring "Re-Imagination" as a theme. Projects were presented in a variety of ways, including at Inside Out Community Art Studio, in a school library, gymnasium, classroom and as part of a Cafe Night attended by families and faculty.



CREATIVE MOVEMENT ARTIST CLAUDIA OTTO IS A BELIEVER IN LEVELLING THE PLAYING FIELD TO ENSURE THAT ALL CHILDREN ARE INVOLVED IN THE PROCESS. AT THE SCHOOL GYMNASIUM PERFORMANCE, CLAUDIA STATED: "THIS IS EASIER [THAN PERFORMING AT THE AUDITORIUM], EVERYONE IS INCLUDED AND INVOLVED - WE ARE NOT FOCUSING ON THE DANCERS."

# 178 LEARNERS 6 ARTISTS 8 CLASSES 420 AUDIENCE MEMBERS

**Re-Imagining Arts Education:** After careful consideration, and with support from the Ontario Trillium Foundation, CAHEP has embarked on the first phase of a vital reimagination of our in-school programming. This year, rather than have a School Program Coordinator, we have a Project Coordinator to help guide us through the reimagination process, which will continue in 2017-18. Reflecting on the past successes and challenges with input from multiple stakeholders, we aim to create a program that responds to shifting and growing arts education & community-engaged arts needs in Thunder Bay.





Our Rural Arts Program brings arts education projects to children, youth and families in areas surrounding Thunder Bay. These projects are often intergenerational, increase social inclusion and foster community-building through teamwork, collaboration and creation in communities where access to arts programming can be limited. Rural partnerships play a key collaborative role in helping us shape, promote and support this program.

Our 2016-2017 Rural Partners: Kakabeka School and Oliver-Paipoonge Public Library

### 181 PARTICIPANTS 8 PROJECTS 4 ARTISTS

Supported by the Thunder Bay District Social Services Administration Board.

PROFESSIONAL Development for Artists In an ongoing effort to ensure that artists are supported in the work that they do, CAHEP provides occasional professional development opportunities. In 2016, artists involved in the Resilient Hearts Project participated in an Anti-oppression Training session facilitated by the Northwestern Ontario Women's Centre. Some staff also participated in Art of Hosting training with 4Rs Youth Movement and YSI Collaborative in Thunder Bay, and our Resilient Hearts Project Coordinator completed Artfare Essentials training with Jumblies Theatre in Toronto. A number of emerging youth artists also participated in paid mentorships with some of the more experienced artists on our roster. These artists were involved in programming with Resilient Hearts, Speak Up Arts, Art to the Streets and 150+ Reasons, a country-wide project with VIBE Arts.

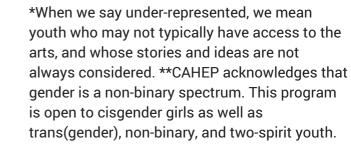
# SPEAK UP ARTS & LEADERSHIP PROGRAM



In 2015-16, a pilot project with Lakehead University's School of Social Work and Lakehead Public Schools was developed to improve attendance through alternative engagement and skill-building at Churchill School. It turned out that the girls who participated looked forward to coming to the group, and their levels of engagement increased on days the program would run. In 2016-17, Speak Up Arts officially launched as a brand new CAHEP initiative and is now a weekly program that brings empowering, leadership-focused art projects to a group of under-represented\* grade 7/8 girls\*\*. Workshops are led by professional artists and actively shaped by the group. They help to choose the projects they engage in, document their creative processes, select refreshments, and ultimately define what leadership means to them. By creating a space informed by their ideas and interests, art helps to nurture stronger peer supports, foster more positive connections with the school system, increase attendance, and most importantly, support the development of leadership skills in creative ways.

2016 -17 PROJECTS AT THE CHURCHILL HUB: VISUAL JOURNALLING & COLLAGE, CREATIVE MOVEMENT, BATIK, MAGNETIC POETRY, ACRYLIC & WATERCOLOUR PAINTING AND MORE.







#### 20 PROJECTS with 10 ARTISTS



Resilient Hearts is a community-driven, inclusive arts project fueled by the strengths and stories of people in Thunder Bay. Exploring themes of resilience and self-care, fourteen artists facilitated a broad range of workshops with participants of all ages in 2016-17.





WORKSHOPS TOOK PLACE WITHIN THREE UNDERSERVED NEIGHBOURHOODS IN A VARIETY OF VENUES: DROP-IN CENTRES, A PARK, A COMMUNITY ART STUDIO, A HIGH SCHOOL, A WOMEN'S SHELTER, AND A COMMUNITY CENTRE.



14 artists delivered more than 40 Resilient Hearts workshops to 500 people of all ages



#### WE PUBLISHED A BOOK

The Resilient Hearts Book was created as a visual documentation of the project. Quotes from both participants and artists, and images of the artwork were organized under the themes of Wisdom, Resilience, Stories, Discoveries, Creating, Moments, Wonderment, and Promise.

#### PRODUCED A SHORT ANIMATED VIDEO





Multimedia artists Shayne Ehman and Zoe Gordon worked with Eleanor Albanese to create *I Am Sincere*, a short film that truly captures the spirit of the overall project. The film follows the story of a child contemplating a question posed by an artist. The 'answers' are animated through visuals and poetry. *I Am Sincere* represents many of the art forms explored in Resilient Hearts workshops, including: watercolour, creative writing, collage, shadow puppetry, map making, print making, creative movement, book arts, sculpture, and mixed media art. This short film was created with a young audience in mind, as a significant number of workshops engaged children and/or encouraged intergenerational participation.



AND HOSTED AN ARTS-BASED TO LAUNCH THEM & CELEBRATE THE SUCCESS OF THE RESILIENT HEARTS PROJECT!

Funding for this project is provided by the Government of Ontario (It's Never Okay: Ontario's Action Plan to Stop Sexual Violence and Harassment), and administered by the Ontario Arts Council.





GENERAL

ARTS

**Special Project / General Arts:** We are often approached by non-arts organizations looking to implement arts programming into a program or project. We serve as a resource and a recommender for these organizations. When funding is available, we may also become a collaborative partner, coordinating and delivering arts projects with them. In those instances, a specific call for proposals goes out to artists on our roster.

#### 2016-2017 SPECIAL PROJECTS:

**Mindful Expressions** with the Thunder Bay Youth Suicide Prevention Task Force, Children's Centre Thunder Bay and Thunder Bay Art Gallery

**Community Playboxes** as part of the Healthy Kids Community Challenge with the City's Recreation and Culture Division, in partnership with Playgrounds, Youth Move, Canada Games Complex, and Thunder Bay Art Gallery

We Are All Medicine with YSI Collaborative

**Tiny Wonders Art Collaborative,** free tiny art making workshops for community members **150+ Reasons** with VIBE Arts

**Skirt Making** with Leanna Marshall in partnership with Waverly Library's Aboriginal Intern **Resilient Hearts** with Community Action Group, Evergreen a United Neighbourhood,

Community Clothing Assistance, Faye Peterson House, and Thunder Bay Boys and Girls Club. **Through Our Eyes** with Shelter House Thunder Bay



#### Shelter House Mural Project: 1 Artist, 8 project dates, 57 participants

A collaboration with Shelter House Thunder Bay, Through Our Eyes is a community-engaged project that brings multidisciplinary arts to shelter residents. The first project was a collective mural painting that is now installed in the garden area.

# Let's connect!

## COMMUNITY ARTS & HERITAGE EDUCATION PROJECT

2200 SLEEPING GIANT PARKWAY THUNDER BAY ON P7A 0E7

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E: INFO@CAHEP.CA

W: WWW.CAHEP.CA

FOLLOW US ON FACEBOOK: CAHEPTBAY

# Thank you to the generous funders who supported CAHEP in 2016-2017:



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